

DAY 1	DAY 2	DAY 3
	Breakfast	Breakfast
Arrival, Safety Brief and Welcome	Wilderness First Aid	Trap Making
SNACK	SNACK	SNACK
Fire Lighting	Scenario SOS	Bushcraft Challenge
LUNCH	LUNCH	LUNCH
Camp Craft / Camouflage & Concealment	Cutting Tools	Strike Camp & Depart
SNACK	SNACK	
Shelter Building	Wilderness Walk	
DINNER	DINNER	
Evening Games	Evening Games	
Night-time Routine & Bed	Night-time Routine & Bed	

This is a sample itinerary, timings and order may vary. All itineraries are subject to change

ACTIVITY	DESCRIPTION
Fire-Lighting	The principles behind fire lighting, emphasising safety and respect for the environment. Students have the opportunity to make their own fire. Once the fires are successfully lit, the students get to cook their own burgers over the open flames.
Shelter Building	The students will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Tribes will build their own shelter, using natural woodland materials.
Camp Craft	This is a chance for the tribes to develop a tribal identity, making fun tribal flags, dances and songs.
Wilderness First Aid	The students will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise and effective splint (pairs with Scenario SOS).
Cutting Tools	Students will learn about the different tools used in the field of Bushcraft, both primitive and modern, and reasons for their use. They will be taught safe handling techniques and will make their own tent peg.
Camo & Concealment	Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.
Scenario SOS	The students will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.
Trap Making	The students will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.
Bushcraft Challenge	The teams will participate in a series of fun but challenging initiative exercise that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.
Evening games	A chance to play games, sing songs and tell stories by the fire before bed time.