



# KIT LIST - WOODLAND LODGE

**We do stress that it is not necessary to go out and buy all new and expensive kit to come on our trips. If you have appropriate footwear and some warm clothes you will be fine, but just to be sure we have outlined the key items of kit below.**

## TOP TIPS FOR PACKING

- ☐ Try and pack your bags yourself so you know what you have brought with you
- ☐ Casual, warm clothes are best. Clothing will get dirty and wet at times
- ☐ During the warmer months please make sure you have some sunscreen and a hat
- ☐ Label everything so that you can identify it. You would be amazed at how much is left behind
- ☐ Do not bring expensive clothing or gadgets as they may get dirty or lost. We cannot be responsible for personal belongings
- ☐ Please avoid bringing aerosol and others sprays, roll on type deodorant is fine

## WEATHER DEPENDANT

- ☐ Warm Hat
- ☐ Warm Gloves
- ☐ Sun Hat
- ☐ Sun Cream

## ESSENTIAL ITEMS TO PACK

- ☐ A bag or suitcase to carry all of your kit (please no bin bags!)
- ☐ Nightwear – pyjamas etc.
- ☐ T-Shirts
- ☐ Waterproof Jacket and Trousers
- ☐ Footwear (2 pairs – Old Trainers and either walking boots or Wellies)
- ☐ Reusable drink bottle (at least 1 litre)
- ☐ Any medication you take such as inhaler, please make sure it has your name on it
- ☐ Small Rucksack
- ☐ Joggers/leggings/Trousers (not jeans please)
- ☐ Warm Jumpers or Fleeces
- ☐ Warm Socks and Underwear
- ☐ Towel and Washing kit
- ☐ Torch

## STUDENT SUPERVISION

During the day, we will group the students into 15's with each group having an instructor and a member of staff assigned to each group. Your instructor will stay with your group for the duration of the activities.

During the night, students will share bedrooms which can sleep up to 8 students, your school will inform you of who you are sharing with.

The Woodland Lodge has two teacher bedrooms, and they will be the first point of call in the night if any students need anything. We will have members of staff onsite too, in case there is a wider issue.

Each of the bedrooms in our Woodland Lodge have a toilet and shower, for more privacy during your stay.

## CONTACT US

If anyone wishes to contact Active Learning Centre, they can do by email: [info@activelearningcentres.co.uk](mailto:info@activelearningcentres.co.uk) or phone 1235 467304. Please do also keep up to date with our latest news, blogs, photos and videos on:

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